

### **Epa! Vin Herb Garlic & FETA.**

Fresh Uncooked, Concentrated Pesto/Paste.  
No Sugar, No Preservatives. **REFRIGERATE** and  
*top-up (seal) with good quality oil.*



### **Epa! Vin Herb Garlic FETA & Olive.**

Fresh Uncooked, Concentrated Pesto/Paste.  
No Sugar, No Preservatives. **REFRIGERATE** and  
*top-up (seal) with good quality oil.*



### **Epa! Vin Herb Garlic Sundried Tomato & FETA.**

Fresh Uncooked, Concentrated Pesto/Paste.  
No Sugar, No Preservatives. **REFRIGERATE** and  
*top-up (seal) with good quality oil.*



### **Epa! Vin Herb Garlic Chili HOT / XHOT.**

Fresh Uncooked, Concentrated Pesto/Paste. No  
Sugar, No Preservatives. **REFRIGERATE** and  
*top-up (seal) with good quality oil.*



### **Epa! Vin Herb Garlic Black Pepper.**

Fresh Uncooked, Concentrated Pesto/Paste.  
No Sugar, No Preservatives. **REFRIGERATE** and  
*top-up (seal) with good quality oil.*



### **Epa! Vin Herb Garlic Olive Paste.**

Fresh Uncooked, Concentrated Pesto/Paste.  
No Sugar, No Preservatives. **REFRIGERATE** and  
*top-up (seal) with good quality oil.*



1. As is with garlic steak, chicken, fish. "Base" recipe for escargots.
2. Stuff in Raw chicken fillets or under chicken roast skin or in stew, mince & lamb.
3. Your garlic bread will never be the same.
4. Teaspoon or 2 in salad dressings or mix with plain yoghurt.
5. .... any Braai food will do! Epa!

1. Spread on Tramezzini, Shawarma or Top Fillet with cottage cheese and Feta olive.
2. Stuff in Raw chicken fillets or under chicken roast skin or create beef olives or mix into muffin dough.
3. Your garlic bread will never be the same.
4. Teaspoon or 2 In Salad dressings or mix with plain yoghurt.
5. .... any Braai food will do! Epa!

1. As is in/on Crackers, Breads, Shawarma, etc. Pasta. Steak, egg or vegetables. Literally in/on & with anything!
2. Stuff in Raw chicken fillets or under chicken roast skin or create beef olives.
3. Your garlic bread will never be the same.
4. Teaspoon or 2 in salad dressings or mix with plain yoghurt.
5. .... any Braai food will do! Epa!

1. Drizzle / Spread over steak, pizza, pasta, eggs, chips. Mix into other VinHerb Products
2. Mix in Stir-fry / stews/ mince.
3. Enjoy it plain on toast.
4. Mix with plain yoghurt for dip or just as is on your cooked meal.
5. .... any Braai food will do! Epa!

1. Pepper sauce - Butter at low heat in pan, add 2 - 3 table spoons of EPA! Vin herb garlic pepper, cream and squeeze lemon - salt taste.
2. 2 table spoons in your mince or stir-fries for easy cooking.
3. As is on/in any meats (add butter or oils to stretch)
4. Add to all food as a condiment.
5. .... any Braai food will do! Epa!

1. Teaspoon or two in your salads.
2. Try it on steak, in stir-fries, mince... Anything....
3. Spread on Shawarmas/ tramezzini's/ pizza bases or topping
4. On crackers toast - add feta, camembert.
5. Mix with plain yoghurt for dip or Just as is on your cooked meal.
6. .... any Braai food will do! Epa!

# Epa!

**Fresh, Uncooked, Naturally Preserved  
Sauces and Pastes**



### **Epa! Lemon Zing Chilli Mild / Hot / X Hot**

Lemon Based Chilli sauce. Fresh Uncooked, No Sugar, No Preservatives. Refrigerate.



1. Use with meat, chicken, fish seafood and "other": pre-, during & after cooking.
2. Stir fry Chicken-, Beef-, Calamari strips or prawns, add 5 table spoons EPA! Mild/ Hot/ X Hot. Add cream or plain yoghurt 2 min prior serving.
3. Add Dry spice per taste, Marinade in plastic packet chicken, Prego, beef and seafood - cook as per normal.
4. Potatoes, Chips, Rice, Salads.....
5. .... any Braai food will do! Epa!

### **Epa! Lemon Jalapeno Zing Hot**

Lemon Based. Fresh Uncooked, No Sugar, No Preservatives. Refrigerate.



1. Use with meat, chicken, fish seafood and "other": pre-, during & after cooking.
2. Stir fry Chicken-, Beef-, Calamari strips or prawns, add 5 table spoons EPA! Jalapeno Hot. Add cream or plain yoghurt 2 min prior serving.
3. Add Dry spice per taste, Marinade in plastic packet chicken, Prego, beef and seafood - cook as per normal.
4. Potatoes, Chips, Rice, Salads.....
5. Mix with plain yoghurt for dip or Just as is on your cooked meal.
6. Best condiment for fresh Oysters.
7. .... any Braai food will do! Epa!

### **Epa! Sweet/Sour Jalapeno Zing Mild / Hot**

Lemon Based. Fresh Uncooked, Sugar, No Preservatives. Refrigerate.



1. Stir fry Chicken-, Beef-, Calamari strips or prawns, add 5 table spoons EPA! Sweet Jalapeno Mild/ Hot. Add cream or plain yoghurt 2 min prior serving.
2. Serve with your crumby type foods, tempura prawns, spring roles, Chinese food, cheeses and pizza.
3. Slow heat basting of sticky chicken wings.
4. Potatoes, Chips, Rice, Salads.....
5. Mix with plain yoghurt for dip or Just as is on your cooked meal.
6. .... any Braai food will do! Epa!

### **Epa! LeMayo Basil "Liquid Pesto"**

Lemon Mayo Based. Fresh Uncooked, Sugar, No Preservatives. Refrigerate.



1. Fish, stir- fry Chicken-, Beef-, Calamari strips or prawns, add 5 table spoons EPA! LeMayo Basil.
2. Add Dry spice per taste, Marinade chicken, Prego, beef and seafood. Use a Basting just prior removing from grill.
3. Potatoes, Chips, Rice, Salads – Use as base for your own sauce.....
4. Mix with plain yoghurt for dip or just as is on your cooked meal.
5. .... any Braai food will do! Epa!

## **Epa/Products from Mpumalanga**

Since 2012

*~scrumptious~*

natural, fresh produce in your fridge  
"..like from your own garden and you make it yourself.."

Our Fresh, Uncooked range of 14 multi-purpose products contains no added Preservatives and is designed for enjoyment pre-, during and after cooking with all food types.

WELCOME to the Epa/FAMILY.

**Ease@ Epa-Valley** offers you tranquil "farm-feel" Accommodation and is situated against the slope of the mountain overlooking the Elands River on the outskirts of the quaint town of Waterval Boven 3.2km from the N4

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Epa/Industries (PTY) Ltd.

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